

New Non-Fiction

April Ide, Assistant Library Director

My stack of books to read is getting out of hand, and much of this problem is due to the great non-fiction books that have been recently released. New Ulm Public Library has copies of all of these books, so get logged into our online catalog so you're ready to press the HOLD button!

Emily Nussbaum is a well-respected, Pulitzer Prize-winning culture critic for "The New Yorker." Her book "I Like to Watch: Arguing My Way Through the TV Revolution" explores her passion for television. She writes about how TV and politics influence one another in the current age, how to enjoy (or let go of) favorite shows when you find out the creators and actors are not respectable people, and how fans' perspectives influence the way they interpret a show. Throughout this collection Nussbaum is honest about her own work to adapt her criticism to the modern age.

Lisa Taddeo's "Three Women" is a narrative non-fiction account of three ordinary women who are trying to figure out how to express their love and desire in ways that make them feel empowered, free, and fulfilled. Taddeo captures the complex nature of the ways desire manifests for these women and how each woman faces the challenges presented to her. This book is one of the most frequently discussed books of the summer!

Gretchen McCulloch explores how the digital age has changed language in "Because Internet: Understanding the New Rules of Language." She argues that language is an open-source project and that it is changing more rapidly than ever before due to the internet. Slang and jargon are being created and abandoned at increasing speed but McCulloch believes that there are patterns at work behind the evolution. The language of our online interactions reveal more than we think they do, and McCulloch helps break that down.

Amber Scoriah recounts how she left the Jehovah's Witness faith in "Leaving the Witness: Exiting a Religion and Finding a Life." Scoriah grew up in the Jehovah's Witness faith and moved to China to help spread the faith. Once she was there and exposed to new cultures, experiences, and ways of thinking, she began to consider finding new ways to live in the world and experience life. After leaving the faith, she was shunned by her family and friends and thus began her coming of age story in her thirties. In her book Scoriah shares her story of starting over and building her life from scratch.

"Sorry I'm Late, I Didn't Want to Come: One Introvert's Year of Saying Yes" by Jessica Pan is the story of Pan's year of challenging herself to live like an extrovert. She set up her own personal challenges, including traveling alone, talking to a stranger, and hosting a dinner party, to see if being an extrovert would make her life better. Her funny, sweet, and embarrassing tale will appeal to introverts and extroverts everywhere.

“Happy Money: The Japanese Art of Making Peace with Your Money” by Ken Honda is a guide for those who want to change the influence money has on their lives. So often money is seen as a controlling force, but Honda encourages his readers to flip their views on money. Honda believes that we all already have the tools we need to change our relationship to money, we just need to change our thinking. Honda is a number one bestselling personal development guru in Japan.

These new non-fiction releases are a small sample of what we offer. Stop by to browse our non-fiction section (and enjoy our air-conditioning)!